



St. Nicholas Preparatory School  
an outstanding education for boys and girls up to Year 6

A young boy in a maroon sports kit with white and blue accents is running joyfully on a grassy field. He is smiling broadly and has his arms outstretched. In the background, other children in similar kits are visible, some standing and some in motion. The ground is covered with fallen autumn leaves.

# CLUBS

AND ENRICHMENT PROGRAMME

# TRY SOMETHING NEW



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At St Nicholas Preparatory School our philosophy is to provide a breadth of curriculum. Clubs provide opportunities to try new things, build friendships outside of the classroom and develop existing skills and interests. There is a wide range of clubs, all of which have an age-appropriate length and focus.

**“We encourage pupils to undertake clubs with enthusiasm and enjoy the opportunity to explore and discover.”**

All pupils have the option of joining clubs which take place before school begins, at lunchtime and after school. Clubs are available from Nursery to Year 6.

Our enrichment programme includes both day trips and residential trips in the UK and Europe. School trips provide an essential contribution to the education and personal development of pupils at St Nicholas. We offer a wide range of day trips in and around London, including Harry Potter World, Bockett’s Farm, the Science and Natural History museums, Royal Albert Hall and Windsor Castle to name a few.

Residential trips are offered from Years 2-6, appropriate to the age and stage of each year group. A one night stay at Cuffley Woods Outdoor Education Centre takes place for Year 2 pupils, a Bushcraft residential trip to rural Hertfordshire is offered to Years 3 and 4, PGL in Dorset for Years 5 and 6 and a ski trip to Italy is available for pupils in Year 3-6. All residential trips are attended by St Nicholas staff and are hugely popular with the children.



## CLUBS

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### ART CLUB

Art club extends the skills the children learn in class in an extra-curricular format. They have opportunities to experiment with a wide variety of media. These skills include printing, painting, sculpture and drawing. Works completed in Art club are displayed around school and entered into external competitions. It also gives the opportunity for children who would like to apply for Art scholarships at senior school, to build up a portfolio of work.

### BALLET

Chelsea Ballet School follows the Cecchetti Method and children are prepared and entered for examinations if they wish. Ballet technique is an important part of these classes, but also focusses on achieving opportunities for performance and above all to enjoy dancing. Live music inspires and motivates young dancers to enable positive learning and achievement.

### BREAKFAST CLUB

Breakfast club is a fun way to start the day with a healthy breakfast and a chance to socialise with friends.

### CHESS

There are many advantages of playing chess. Other than being a fascinating board game, it teaches children to concentrate, improves memory, develops patience and improves IQ. Whether you're a Grand Master or a hobby player, chess teaches you to solve problems, make the right decisions, plan ahead, respect the opponent and win/lose gracefully.

### COOKERY

Cookery club offers pupils the opportunity to discover the science and pleasure of cooking for themselves. They learn about the importance of nutrition as well as the many tastes and ingredients that make up the food we eat.



## CLUBS

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### CHINESE DRAGONS' CLUB

There is no language requirement for pupils to join Chinese Dragons' club. The club is open to all primary ages creating a diverse and interactive group. Pupils can fully immerse themselves in a Chinese cultural environment and have fun learning Mandarin.

### CHOIR

Our choir at St Nicholas is open to all pupils in Key Stage 2 (Years 3-6). There is no requirement to audition, just a willingness to turn up and enjoy singing. In the choir we focus on developing our skill at harmony and part singing. The choir sings a wide variety of music, from traditional folk songs, to songs from modern musical theatre productions.

### CHELSEA YOUNG WRITERS

Children are introduced to a literary topic from a variety of interesting and exciting angles. Each session sees our young learners understand the theme in question in new and challenging ways, in a bid to create their own unique written responses. Priority is given to encouraging original thought, the construction of a useful plan, the creative and accurate use of language and developing concentration through timed creative writing.

### DRAMA CLUB

This is the perfect opportunity to unveil theatrical talents. Drama club aims to give pupils a first insight into playing different characters in different contexts while boosting confidence. Pupils make lots of new friends and have fun while exploring acting through games and improvisation.





### **FOOTBALL**

Football mad? Looking to improve? Here is a chance to hone those skills and have some fun. From mini matches to fun skills sessions all located in Hyde Park, this club is the complete footballing package. Boys and girls are welcome.

### **FITNESS CLUB**

This is quite simply a variety of activities based around movement and co-ordination. From distance runs to sprint training and fitness tests plus some ball skills and ladder work thrown in.

### **FRENCH**

In French club, children from Reception to Year 2 have the opportunity to reinforce and extend their learning beyond the classroom. Pupils play games, sing songs and practise vocabulary on a wide range of topics such as numbers, colours and body parts.

### **HOMEWORK CLUB**

This club allows pupils in Years 3-6 to work on their homework supervised for an hour at the end of the school day.

### **JUDO CLUB**

One of Britain's most successful Olympic sports, Judo club is popular with the pupils. The classes provide instruction in a safe and controlled environment. The emphasis is upon the enjoyment of the sport, whilst learning the techniques and etiquette of judo.

# WORK HARD AND HAVE SOME

# FUN

## CLUBS

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### MUSIC CLUBS

Alongside specialist class lessons, we also offer a number of after school music clubs for different year groups, where pupils can go beyond the material covered in the classroom and extend their learning on drums, recorder, ukulele and trumpet in a more informal setting. We currently offer music clubs for Year 1 through to Year 6. Musical Theatre and Music Technology are new exciting additions.

### MAKE IT! CLUB

Pupils make a wide range of seasonal and non-seasonal crafts using recyclable materials such as tissue box monsters and plastic bottle bird feeders.

### MATHS CLUB

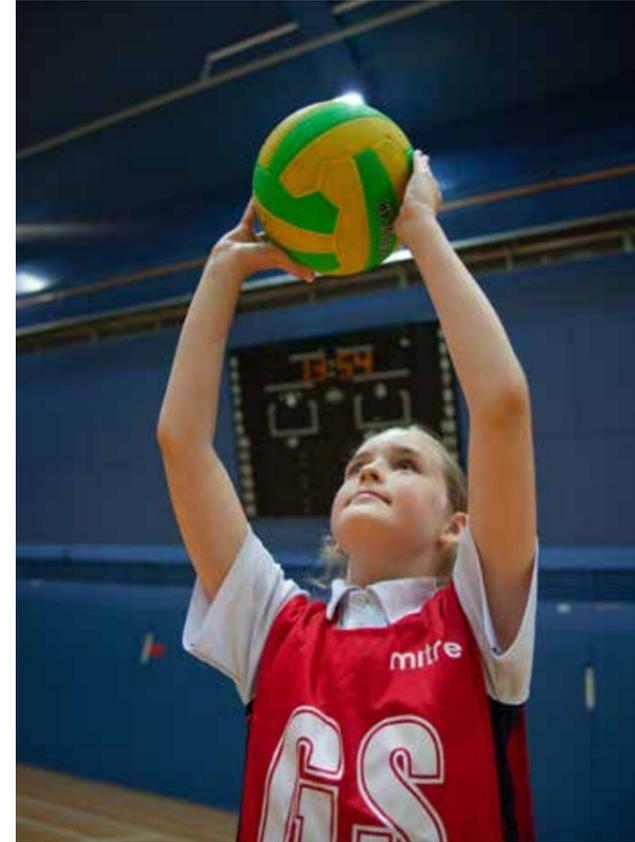
Key Stage 1 Maths club is a creative and practical extension of children's maths learning in Years 1 and 2. Key mathematical topics and skills are covered through songs, games and art activities. Some examples of activities are revising 2D shapes through art by using compasses and paintbrushes to paint different sized circles or the children creating their own shops and using their coins to pay for items in each other's shops giving the correct change.

### MATHS 11+ PREPARATION

Pupils who are taking 11+ exams can participate in this club in the autumn term. With the supervision of the maths teacher, children can work on past papers to improve their scores, building on the skills developed in their timetabled lessons.

## CLUBS

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### MODERN DANCE

These classes are fun, lively and popular using current pop music and current and past West End and Broadway shows. The children learn exercises, steps and dances where they improve their co-ordination and move rhythmically with confidence.

### NETBALL CLUB

Using facilities at Imperial College, children have the opportunity to develop their ball skills, tactical awareness and understanding of the rules. They develop a greater understanding of the game and the positions.

### NURSERY DANCE

Using imaginative ideas, themes and storytelling, movement and simple techniques are introduced in a subtle and fun way. This builds confidence, improves social skills and encourages all children to become engaged learners.

### PUZZLE CLUB

Puzzle club is a great way to catch up with friends and have some fun making up interesting puzzles. There are a number of different puzzles with different themes and difficulties. It is also a good way to work on fine-motor skills and spatial awareness.

## CLUBS

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### ROBOTICS CLUB

Robotics is a unique area of study, bringing together programming, problem solving, engineering, mathematics and physics. At its most basic level, robotics breathes life into programming, with pupils swiftly able to see the working results of their coding efforts. After building and putting their own designs to the test, children gain confidence in their abilities and are more open to trying out harder and more challenging tasks across the spectrum of engineering, programming, mathematics and sciences.

### SIBLINGS CLUB

Siblings club is for children waiting for siblings to finish school. It is supervised by members of school staff.

### SCHOLARSHIP 11+ CLUB

An opportunity for Year 6 children who may be sitting scholarship exams to extend their knowledge and experience of these types of papers.

### SIBLINGS TEATIME SESSION

This is an extension of sibling club and is a fun place for children in Year 1 and 2 to relax while they wait for older siblings who are attending a club.

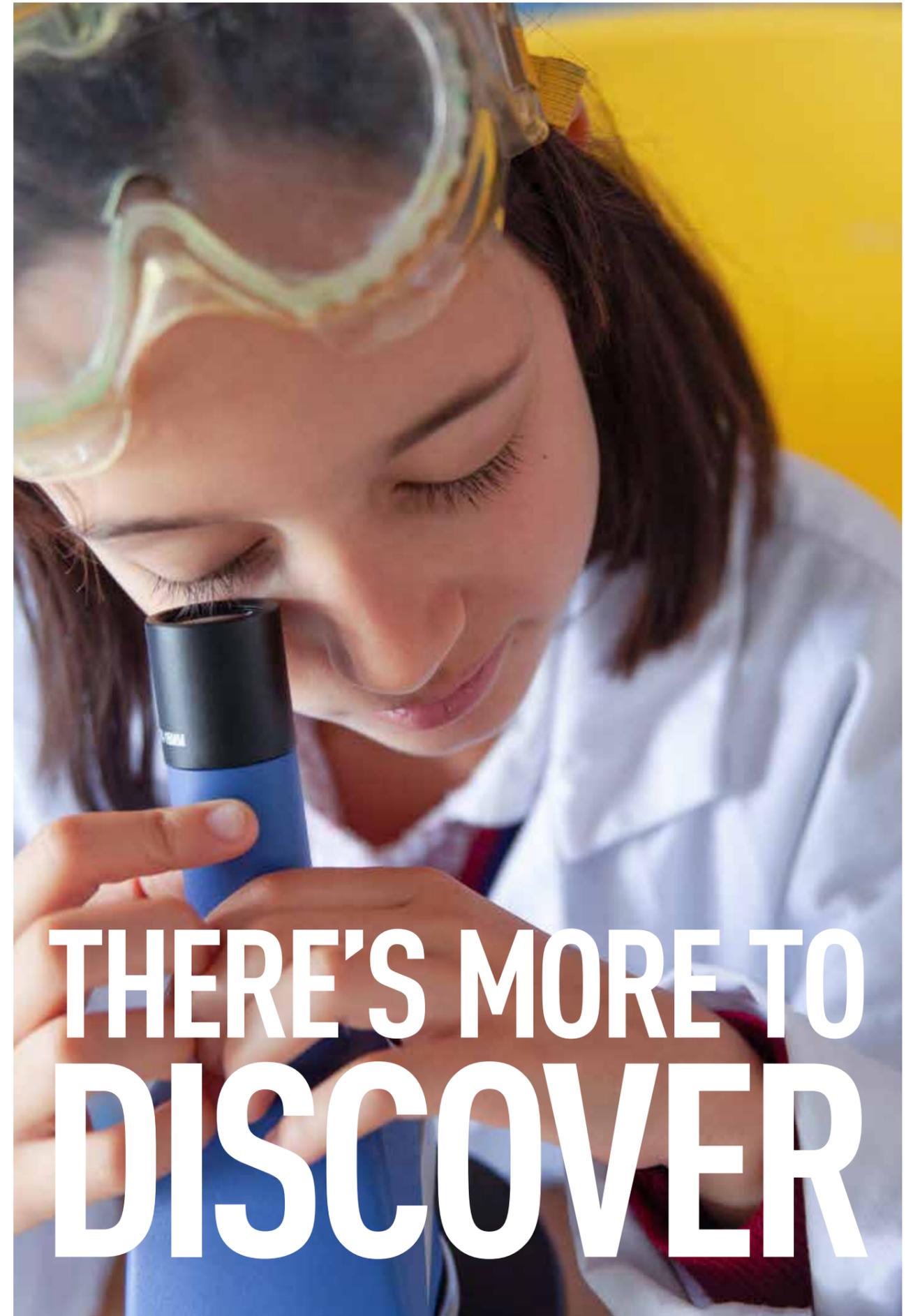
### THINK! CLUB

Pupils develop their writing skills by creating pieces of writing in different styles and topics which appear in our school newspaper. From descriptive writing to film scripts and news articles, children are encouraged to use their imagination to create characters and stories independently and in groups.

### YOGA

The Yoga club provides a great way to unwind. In a non-competitive and nurturing environment, children will learn traditional yoga poses, simple partner poses, and techniques for self-calming and stress relief. Thematic ideas such as peace, respect, gratitude and acceptance are introduced through discussion. This class provides a fun-filled way to cultivate self-esteem and mindfulness, while gaining strength, flexibility and balance. Our goal is to develop strong and healthy minds and bodies while learning to release tension and relax.

**“Children gain confidence in their abilities and are more open to trying out harder and more challenging tasks.”**



## ENRICHMENT ACTIVITIES

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### RESIDENTIAL TRIPS

Residential trips at St Nicholas are an important part of the curriculum as pupils consolidate classroom learning, develop resilience, teamwork and social skills. With each challenge they face, pupils experience success, grow in confidence and strengthen friendships whilst creating memories which last a lifetime.

### CUFFLEY WOODS, HERTFORDSHIRE

Set within beautiful natural surroundings, Year 2 pupils enjoy a one night stay at this exceptional outdoor education centre. Activities develop pupils' self confidence and resilience through a series of creative and fun activities that make the most of the natural environment.

### BUSHCRAFT, HATFIELD WOODS, HERTFORDSHIRE

Living in the wild, sleeping under canvas and cooking over open fires, this residential school trip takes pupils on an unforgettable journey of self-discovery. The trip includes a wide range of activities, designed to enhance social and personal development, whilst having fun and learning new skills. From bushcraft, shelter-building, and wilderness cookery, to archery and orienteering, no two days are ever the same.

### PGL, OSMINGTON BAY, DORSET

Osmington Bay is set in 45 acres of grounds with access to a beautiful pebble beach and cliff top views. With superb facilities and fantastic activities such as abseiling, orienteering, zip wire, climbing, archery and great water sports including the chance to sail a keel boat – this is a trip not to be missed.

### SKI TRIP, THE ALPS, ITALY

Key Stage 2 children of all abilities can join this fantastic week-long ski trip. Experienced ski instructors take the lessons with the support of school staff. The children enjoy evenings after a day on the mountain with friends playing games and activities in the hotel.

For more information about these clubs and enrichment activities including year group allocation and timings, please contact the school office on 020 7225 1277.





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